

**NATIONAL UNIVERSITY OF PUBLIC SERVICE**  
**Doctoral School of Military Sciences**

Krisztina Kállai

**The Analysis of Human Trafficking in the Context of Human Security**  
**Based on the Papal Declarations**

*PhD thesis author's distinctive*

**Consultant:**

Dr. habil. Ujházi Lóránd

associate professor

**Budapest, 2019**

# 1. DEFINITION OF THE SCIENTIFIC PROBLEM

During the past years it became obvious that the migration process becomes even more intense in which question human trafficking means a special challenge. From the very beginning, my research was defined by the emphasis of the minors' exposed situation, protection of their rights, their social-mental protection, moreover, I considered as my primary purpose to choose a matter that threatens social security and which I introduce from a modern point of view on the basis of the analysis.

Due to its global nature, the increase in the intensity of human trafficking as a result of the current migration process not affects only the territory of the European Union but it is a cross-border phenomenon worldwide too. The image and characteristics of the migration phenomenon have changed in recent years significantly. This means that human trafficking that has been existing for itself too and can be separated from migration became an integral part of migration.<sup>1</sup> One reason for this is that human traffickers see extraordinary gains in the increasingly intensive migration phenomenon, they take advantage of the economic gains implied by the huge human mass.<sup>2</sup>

According to the current point of view represented by the Holy See, the exhausting and at the same time hopeless journey full of adversities lays a mental and physical burden on the refugees by all means, which is multiplied in case of the minors. The sexual exploitation committed by the human traffickers contributes to the development of the mental problems which causing a life-long trauma makes the integration into the target country more difficult.<sup>3</sup> The targets of the human traffickers are mostly the unprotected minors without parental supervision temporarily or permanently who are therefore likely to become victims of sexual exploitation. The declarations both of the Pope and the Holy See mention the dangers of human trafficking linked to migration and the significance of the international cooperation that is needed for the prevention. The study that is based on the declarations of the Pope and the Holy See can offer the kind of novel solutions which points of view have not been formulated by international organizations or other parts of the society dealing with migration until now either.

Furthermore, the issues of integration-acculturation that comes up in connection with migration emerge from the factors that influence our social security. The mental problems produced by the foreign cultural environment can end in the appearance of acculturative difficulties as a result of which the victims of migration and the citizens both of host countries can feel threatened. The obligations for giving shelter to the refugees and the victims of the

---

<sup>1</sup> UNODOC: Global report on trafficking in persons. 2018.

<sup>2</sup> Jagusztin Tamás- Bodnár Gergely: AZ EURÓPAI UNIÓ MIGRÁCIÓS POLITIKÁJÁNAK ALAPJAI. In. NEMZETKÖZI MIGRÁCIÓ – NEMZETKÖZI KOCKÁZATOK. Budapest: HVG-ORAC Lap- és Könyvkiadó Kft. 2008.

<sup>3</sup> David Hodge: Assisting Victims of Human Trafficking: Strategies to Facilitate Identification, Exit from Trafficking, and the Restoration of Wellness. *Social Work*, Volume 59, Issue 2., 2014. pp. 111-118.

human trafficking come up both by Pope Benedict XVI and Pope Francis. However, the significance of reception emerges in case of Pope Francis even more often and intense, my relating assumptions are also drafted in my hypothesis and proved by quantitative content analyses too. Arising from the global and complex character of the current migration crisis, the alignment of the proposals of the Holly See and the international organizations can be very positive and a definitely useful solution.

## **2. HYPOTHESES**

1. It is my assumption that, on the basis of the analysis of the papal declarations, human trafficking that is the biggest challenge of the social security of our days and the refugee question intertwine closely.
2. I intend to prove that on the basis of the papal declarations the sexual exploitation of the human traffickers mostly refers the minors.
3. I assume that on the basis of Habermas's communicative action theory and Schwartz's value system, Pope Francis stands closer to the classical liberal security policy approach as far as the victims of the human traffickers who mostly get out of the refugees are concerned, which lays emphasis on the security of the individuals contrary to the one of the state and the nation.
4. I intend to prove that Pope Francis regarding the reception and integration of the refugees links up closely to the international treaties on the rights of children which draft the principals providing the basic human rights as far as their content is concerned.
5. It is my assumption that the minor refugees who arrive with their family or without any escort suffer a life-long trauma which makes their integration possibilities more difficult and hereby it weakens the social security of religious and social characters.

## **3. OBJECTIVES**

- Determination of the relationship between the human trafficking and migration on the basis of the papal declarations regarding migration and the refugees
- I analyze and reveal the features and connections between the human trafficking and the child prostitution referring to the minor refugees on the basis of the papal declarations
- Exploration of the differences with ideological basis between the two papal periods in respect of the human trafficking, migration and the reception
- Preparation of an analysis that is made for the sake of the match of the papal declarations and the international documents as far as their content and ideological direction are concerned

- Proving the trauma of the minor refugees that has developed as a result of the exploitation committed by the human traffickers and determining the treatment possibilities

As a result of the global migration, human traffickers make advantage of the economic gain implied by the mass of refugees who are forced to leave their native country. <sup>4</sup>(ICMPD, 2017) I explore the evidence of this assumption through the empiric research of the Papal declarations in connection with migration. The novelty of the study is that no analysis has been carried out so far to investigate the relationship between human trafficking and refugee issues based on the content of Papal declarations. The most common mean of coercion and also the form of exploitation is the sexual exploitation.) I want to prove this fact on the basis of the contents of the Papal declarations that were formulated during the time of Pope Benedict XVI and Pope Francis. Furthermore, I have investigated whether the content of the Papal declarations reflects those real data that the main targets of the human traffickers are the minor refugees being torn from their families temporarily or permanently and young women and minors.

#### **4. RESEARCH METHODS**

During my research I applied a mixed method because the complexity of the subject and its content of heterogeneous feature did not enable the use of the method of one kind.

- Quantitative content analysis (MAXQDA, SPSS)
- Comparative document analysis
- Qualitative investigation on the basis of deep interviews

During the content analysis, the analysis codes used were created on the basis of Papal declarations in a two-stage coding system. During the building-up the structure of the category system I applied a combined logical process, I created the main categories in a deductive way and I developed the sub-categories based on an inductive method.

On the basis of the deductive method, the content to the system of the main category I used the parts of text as research units which refer to the following subject matters: human trafficking, sexual exploitation, human rights.

In the chapter that analyses different ideologies, I have compared the declarations of Pope Benedict XVI and Pope Francis in connection with “anniversary of the refugees and migration” made between 2005 and 2018 on the basis of two points of view, on the basis of

---

<sup>4</sup> ICMPD: Annual Report. 2017.

the theory of Habermas <sup>5</sup> and Schwartz <sup>6</sup> which I have completed by the Mann- Whitney <sup>7</sup> test.

The parts of the analyses in connection with the international treaties and the papal declarations give an answer to my fourth hypotheses. This part of the analysis could not be fully compared with the quantitative analysis method because the contents of the contracts and the papal declarations are not homogenous, neither from the point of view of their content nor their lengths. Accordingly, I compared the contents of the treaties on the rights of the migrants and the refugees with the rights of them included in the papal declarations completed with the qualitative comparative method.

My last hypothesis was proved by the interviews that were made and processed on the qualitative method. So, the research contains two deep interviews that were made with the leader of the Catholic Charity and its expert who is acting in a transit zone and using the art therapy in order to reduce the mental problems on the basis of the scientific rules of a deep interview. The results complete those that I received by the quantitative method very usefully by drawing a real picture of the theoretic and practical differences of migration and the question of refugees and describing the mental difficulties that develop as a result of the exploited-exposed situation.

## **5. STRUCTURE OF THE PAPER**

**In the first introductory chapter** I introduce the scientific problem related to my research giving a reason for my choice of topic and I present the aims of my research, hypotheses and the applied research methods.

**In the framework of the theoretical part of the paper** I define the terms, ideological theories I used to the preparation of the research. To this end I introduce the definition of human trafficking on the basis of the practice of the international organizations and first of all that of the EU, the features that are typical for the phenomenon and the countries and social groups concerned, which I carry out on the basis of relevant national and international special literature. Thereafter, I expound the characters of the most frequent form of exploitation used by the human traffickers referring to the minor refugees, the sexual exploitation, its life-long mental and physical consequences and the national and international efforts made for the preventive solution. This chapter contains the summary review of the history of the children's

---

<sup>5</sup> Jürgen Habermas: A kommunikatív cselekvés elmélete I-II. Budapest: ELTE, 1985. pp.10-63.

<sup>6</sup> Shalom Schwartz: Universals in the content and structure of values: Theory and empirical tests in 20 countries. In M. Zanna (Ed.), *Advances in experimental social psychology* (Vol. 25, pp. 1-65). New York: Academic Press. 1992

<sup>7</sup> Henry Mann- Donald Whitney: On a Test of Whether One of Two Random Variables Is Stochastically Larger than the Other. *Annals of Mathematical Statistics*, 18, 1947. pp. 50-60.

rights which supports the understanding of the international treaties. As a further part of the chapter I summarize the Schwartz and Habermas value system to be used for the examination of the ideological views of the popes and I expound the acculturation models defined on the basis of the international theories which introduce the key question, the forms and features of the integration. The subsequent sub-chapter introduces the basic features of the liberal social security that lays the foundation of the ideological comparison of the two papal periods and their historical development. In the last sub-chapter of the theoretical part, in the frame of the migration principals and activities of the Catholic Organizations I introduce one outstanding project of the Caritas Internationalis, the program called Share the Journey.

**In the third chapter,** as an international outlook I summarize the presence and the features of the human trafficking in the countries of the European region. As an outlook I introduce the features of the intense human trafficking in Greece, Spain, Romania and Bulgaria. Furthermore, I introduce and point out the deficiencies of the regional regulations regarding the human trafficking. As the last sub-chapter of the chapter, I introduce and analyse the rules of the European Parliament and Council that summarize the directives referring to the human trafficking and refugees of the European region.

**In the fourth chapter** I introduce the results of my research. In the first part of the chapter I introduce the results carried out with the quantitative content analysis. In this chapter, on the basis of the examination of the content of the papal declarations I reveal the connection between the human trafficking and migration and I prove the fact of sexual exploitation executed by the human traffickers in case of the minor refugees with the method of quantitative content analysis. In the chapter I carry out the analysis based on the Schwartz and Habermas ideology that can be found in the papal declarations, with which I define the ideological point of view that is typical for Pope Francis and Pope Benedict XVI. Thereafter, I summarize my results based on the qualitative comparative method and completed by the quantitative method. During the comparison of the papal declarations and the international treaties I mostly used the qualitative comparative method because the documents are not homogenous as far as their contents are concerned, so, I could only execute a part of the examination made by the quantitative method. As the second part of the result of the research, further qualitative examination, the completion of the hypotheses I introduce and assess the content of the deep interviews made with the leader of the Catholic Charity and the art therapist.

**I the last, fifth chapter** I summarize the new scientific results I revealed and make proposals for their usability, furthermore, I draft professional recommendations.

## 6. SUMMARIZED CONCLUSIONS

Taking into consideration the presuppositions listed **in my first hypothesis**, my empirical research data explored and clearly proved that on the basis of the analysis of the papal documents one can clearly state that in our days there is a close connection between the human trafficking and the question of migration. I have revealed that we can find references to this fact in the declarations of Pope Francis more often which also proved that the human traffickers make use of the migration more intensively in our days which became a global phenomenon during the years than in the era of Pope Benedict XVI.

**My second hypothesis** was proved by the results collected by content analysis which was carried out with the means of absolute frequency, whereas the papal declarations formulate clearly that the minor refugees are mostly exposed to the exploitation of the human traffickers, first of all that of sexual character. The content of the papal declarations have proved that the minors travelling alone and the women are the most endangered, moreover, we can also find references in the declarations to the situations when certain members of the migrant families suffer sexual exploitation or the children of the families are separated with violence or from their family, first of all for the sake of sexual exploitation.

In view of the contents of **my third hypothesis**, I revealed on the basis of the communicative action theory of Habermas and the value system of Schwartz that Pope Francis interprets the question of the refugees mostly along liberal principles which supports the integration of the refugees contrary to Pope Benedict XVI who, however, supporting the humanitarian aid but formulating a clearly more conservative point of view keeping the sovereign political-social values of the national states in mind.

The contents of **my fourth hypothesis**, after which Pope Francis closely fits into the international treaties on the rights of the children as far as the reception and integration of the migrants are concerned which referring to their content along the liberal principals, was proved only partially. Whereas, the contents of the treaties and the declarations are not homogeneous the preparation of a quantitative analysis was only partially possible, so I could only draw conclusions on the basis of the qualitative analysis.

To prove **my fifth hypothesis**, I proved with the analysis of the interviews made with the members of the Catholic Charity that both the minor refugees who are temporarily or finally separated from their family and those arriving with their family suffer a life-long trauma which makes the possibility of the integration more difficult. On the basis of the content of the interviews I revealed that the occupations provided by the aid organizations in the transit zones can reduce the traumas which as the means of the successful integration can motivate

even the parents. On the basis of the interviews I defined the features of the “pre-integration” role of the occupations of social character provided by the aid organizations in our country.

## **7. NEW SCIENTIFIC RESULTS**

1. From the researches that examine the migration, I was the first to make an empiric investigation on the subject that is based on the papal declarations and use the mixed method, as a result of which I have proved the connection between human trafficking and migration. During this, I revealed the facts which define the features of the process of human trafficking; it is an almost invisible phenomenon that can be identified only with difficulties because it adapts itself to the flow of migration.

2. Referring to the papal declarations, using the means of the absolute frequency I proved with the content analysis that the means mostly used by the human traffickers is a form of exploitation of sexual character that refers to the minor refugees first of all.

3. I proved the fact of traumas of the migrants caused by the human traffickers and questioned by a lot of people and the pieces of information that are needed to their recognition too. Furthermore, I defined the processing possibilities of these traumas with reference to the qualitative examinations made on the basis of the practical experience and work of the catholic humanitarian organizations which I completed with the quantitative analyses.

4. I was the first to prepare quantitative analyses for the sake of proving liberal and conservative point of view that is typical for the present and the period before on the basis of the ideological theories defined by Habermas and Schwartz. My content analyses completed by the Mann-Whitney test has partly proved the differences with ideological basis between the two papal periods which gives an answer for the reason of significant differences between the papal recommendations as far as the treatment of migration is concerned.

5. Using the qualitative analysis, I have defined the connection between the international treaties and the papal declarations, which mostly represent a liberal point of view. Since the treaties and the papal declarations are not homogenous, so my assumption, that Pope Francis on the basis of his more liberal attitude shows a clear sameness with the international treaties containing liberal principals, was proved only partially.

6. On the basis of the examination of the papal declarations and the necessity of the development of the “golden middle road” handling and reinterpreting migration that were drafted by the humanitarian aid services, I have formulated the kind of solutions which contains complex proposals providing the rights both of the societies affected by migration and the migrants at the same time, which highlights the reason and the importance of the



integration that refers to the migrants and is supported and implemented by the affected societies within the suitable frameworks. On the basis of my further proposals, I defined the importance of the suitable selection of the form of integration, avoiding the development of the conflicts that emerges from the improperly selected and applied marginalization or assimilation.

## **8. APPLICABILITY OF THE RESULTS IN PRACTICE AND RECOMMENDATIONS**

I recommend the use of the essay in practice on the following fields:

- To work out new concepts and sectoral strategies aimed at the defining of the separation processes of migration and the question of refugees and strengthening the special political and legislative backgrounds
- On the basis of the fact that is proved by the papal declarations that there is a relationship between migration and human trafficking, its features, to sum up the possibilities of recognition of the means used by the human traffickers which can provide preventive solutions both for the national defence and the law enforcement bodies
- On the basis of the results of my researches, to use the proposals that were formulated for the features of the integration models and their application in practice both for the official bodies and the education institutions carrying out the social integration
- To integrate the humane and at the same time social-oriented proposals into the national practice formulated on the basis of the results of the analysis executed after the papal declarations and adopt them to the local conditions and circumstances
- To use by the training of the students participating in the specialized higher education studies and by the education programs and trainings taking part in the public education
- It can contribute to the practical activity of the Catholic Charity dealing with the refugees and the minor victims of human trafficking.

## 9. LIST OF PUBLICATIONS

Kállai Krisztina: The policing challenges of globalization. *New Approaches in a Complex World: International Relations, History And Social Sciences*. L'Harmattan, 2014.

Kállai Krisztina: A migráció során felmerülő integrációs kérdések vizsgálata a különböző családstruktúrák és nemi szerepek alapján. *Hadtudományi Szemle*, 2016. IX. évfolyam 2. szám.

Kállai Krisztina: Effects of posttraumatic stress disorder on unaccompanied underage refugees. *Security and Sovereignty in the 21st century, ICRP, Booklet of abstracts*, 2016. november 4-5-6

Kállai Krisztina: The prospects of rehabilitation concerning the underage migrant victims of human trafficking. *Security and Sovereignty in the 21st century, ICRP, Conference proceedings*. 2016. november 4-5-6.

Kállai Krisztina: Az emberkereskedelem kiskorú áldozatait érintő kizsákmányolás sajátosságai. *Kodolányisok Világa, Kitekintő*, 2017.02.24.

Kállai Krisztina: Az emberkereskedelem elleni tevékenységeket támogató Barrier-modell sajátosságai. *Hadtudományi Szemle*. 10. évfolyam, 4. szám, 2017.

Kállai Krisztina: A Szentszék javaslatai az emberkereskedelem áldozatainak kezelését illetően. *Hadtudományi Szemle*, 11. évfolyam, 1. szám, 2018.

Kállai Krisztina: Az interkulturális kommunikáció elsajátításának jelentősége az emberkereskedelem migráns áldozatainak integrációs folyamata során. *Hadtudomány és a XXI. Század, Doktoranduszok Országos Szövetsége*, 2018.

Kállai Krisztina: Fundamental human rights of the unaccompanied refugee children. *Security and Sovereignty in the 21st century, ICRP, Booklet of abstracts, SESCO*, 2017. november 10.

Kállai Krisztina: Fundamental human rights of the unaccompanied refugee children. *Security and Sovereignty in the 21st century, ICRP, Conference Proceedings, SESCO*, 2017. november 10.

Kállai Krisztina: The relationship between human trafficking and migration based on the messages of Pope Francis. *CENTRAL EUROPEAN POLITICAL SCIENCE REVIEW*. 2019 Spring Quarterly of Central European Political Science Alliance Volume: 20 Number: 75.

## 10. CURRICULUM VITAE

**Name:** Krisztina Kállai

### *Education and skills*

<b>The Institute</b>	<b>Qualifications</b>	<b>Year of the qualification</b>
Harvard EDX	Child Protection	2019-present
Pázmány Péter Catholic University	psychology	2016-present
ELTE-PPK	international social counselor	2018-present
Kodolányi János University	international relations expert	2014
Kodolányi János University	adult education manager- communication specialist	2012
Hungarian Writer Academy	writer rapporteur	2008

### **Language skills**

**English:** „C” type complex state language exam (2014)

**German:** „C” type complex state language exam (2015)

### **SCIENTIFIC ACTIVITY**

#### Conferences

Kállai Krisztina: The effects of posttraumatic stress disorder on underage unaccompanied refugees. Security and Sovereignty in the 21st century, ICRP, 2016. november 4-5. 2016.11.05.

Kállai Krisztina: The significance of applying art therapy among the refugee children. Security and Sovereignty in the 21st century, ICRP, SESCO. 2017.11.10.

Kállai Krisztina: Az emberkereskedelem és menekült kérdés értelmezése a Szentszéki dokumentumok alapján. Hadtudomány és a 21. Század. Nemzeti Közsolgálati Egyetem, Zrínyi Campus, IMO. 2018. 02. 21-22.

Kállai Krisztina: Az interdiszciplinaritás jegyében alkalmazott megfigyelés módszerének sajátosságai, „A tudomány rejtett tartaléka: az interdiszciplinaritás” c. konferencia, NKE, Zrínyi Campus, Budapest. 2018. 01.20.

## **11. OTHER SCIENTIFIC ACTIVITY**

Kállai Krisztina: Opponensi vélemény, Bakai Kristóf Péter alezredes: Visegrádi vámegyütműködés aktuális kérdése „Hadtudomány és 21. század” c. konferencia. NKE, IMO. 2016.02.24-25.

Kállai Krisztina: Opponensi vélemény, Hajdu Veronika: Kard és elme. Marketinges eszközök és módszerek a pszichológiai műveletekben. „Hadtudomány és 21. század” c. konferencia. NKE, IMO. 2017.02.22-23.

Kállai Krisztina: Opponensi vélemény, Lőwiné Kemenyeczkai Ildikó: A sztereotípiák tartalmi változásai a kultúrák diverzitásának tükrében. „Hadtudomány és 21. század” c. konferencia. NKE, IMO. 2017.02.22-23.